UNDERSTANDING RACE & RACISM



Raising Anti-Racist Children It is not enough to believe that being "not racist" will eliminate racism and racial inequities. Instead, we must work within ourselves, our networks, and our institutions to challenge racism with each decision we make. The practice of antiracism is everyone's ongoing work.

add to your toolkit! flip for more on • Being thoughtful, informed and brave about race Raising anti-racist children Talking to kids about racism

- Raising race conscious children



a source of support, information and advocacy since 1975

RESOURCES FOR FAMILIES AFFCNY

How can we raise Anti-Racist Children?

The practice of anti-racism is everyone's ongoing work. How do we do that?

- Identify racist policies, practices, and procedures and replace them with antiracist policies, practices, and procedures.
- Understand and own the racist ideas in which we have been socialized and the racist biases that these ideas have created within each of us.

Anti-racism is a practice that people and institutions must continue to employ, moment by moment, to fight against the system of racism. Anti-racist policy creates systems that center the lived experiences of Black, Indigenous, and People of Color, produce targeted strategies that account for the disparate harm caused these communities, and, in the end, improve outcomes for all

Let's raise a generation of children who are thoughtful, informed and brave about race:

- Embrace Race is a website filled with resources and activities for parents and families: https://www.embracerace.org/
- Raising Anti-racist Children and Talking to Kids About Racism: https://www.youtube.com/watch?v=Sth6VBHsncw
- A resource for talking to young children about race: Raising Race Conscious Children, http://www.raceconscious.org/

also available digitally on AFFCNY.ORG/anti/